

Monday, May 11th

Time	Activity	Resources
8:00-9:00 am (60 mins)	Breakfast Fuel up, and get ready for a fantabulous day!	
9:00-9:30 am (30 mins)	Math Meet the Long Division Family!	Watch Videos: https://drive.google.com/file/d/1nKNRVdngERq1oflB9j2WZU6DgSzUPdvH/view https://www.youtube.com/watch?v=VvQelzRQe7k Long Division Practice Problem
9:30-10:00 am (30 mins)	<u>Brain Break!</u> Get Moving and get your heart rate up!	P.E. Video: https://fitacademymn.org/covid19/PE/
10:00-10:30 am (30 mins)	Writing Opinion Writing with the Not So Wimpy Teacher!	Watch Video: https://youtu.be/G6GYjdm5FwU Day 8: Revise the Conclusion
10:30-10:40 am (10 mins)	<u>Brain Break!</u> Take a snack break, or do some coloring, before getting back to work	
10:40-11:00 am (20 mins)	Independent Reading Find a comfy spot to curl up with a good book!	
11:00-11:15 am (15 mins)	<u>Brain Break!</u> Take a walk, and make observations as you go. Remember to use your 5 senses!	
11:15am - 12:00pm (45 mins)	Creative Time Draw, Color, Paint, Chalk, etc.	Other Ideas: https://fit.sanfordhealth.org/-/media/fit/printables/positive-self-talk-coloring-pages/positive-self-talk-coloring-pages.pdf

<p>12:00-1:00 pm (60 mins)</p>	<p>Lunch Time! Listen to the <i>Forever Ago</i> podcast for History content, or <i>Story Pirates</i> for silly stories written by kids</p>	<p>Forever Ago https://www.brainson.org/pages/foreverago (scroll down for Episodes)</p> <p>Story Pirates storypirates.com/podcast (scroll down and click "Listen Now")</p>
<p>1:00-1:15 pm (30 mins)</p>	<p>Social Studies Together When Apart: Community Action</p>	<p>Watch Video: https://www.youtube.com/watch?v=z5CrSciHAuE#action=share Day 1: Brainstorm</p>
<p>1:15-1:30 pm (15 mins)</p>	<p><u>Brain Break!</u> Technology Time</p>	<p>Epic! Books ReadingEggspress MathSeeds Prodigy</p>
<p>1:30-8:00 pm</p>	<p>Family Time Spend some quality time with your family playing games, going outside, and/or doing something you enjoy</p>	
<p>8:00-9:00 pm</p>	<p>BedTime Bath/Shower, Brush Teeth, and turn out the lights. Enjoy a good night's sleep!</p>	

1. DAD divides
2. MOM multiplies
3. SISTER subtracts
4. BROTHER brings down

$$7 \overline{) 644}$$

CONCLUSION

Every opinion essay conclusion needs these things!

TRANSITIONS

CALL TO ACTION

**RESTATE THE
OPINION**

Directions:

In each of the examples above, people are using their passions (what they love) and their skills (what they are good at) to encourage and uplift others. Your challenge this week is to create your own "Uplifting Action" to support, encourage, and bring joy to others. Today, you will brainstorm ideas!

Day 1:

Brainstorm

PASSIONS: What do you love? Do you enjoy music, art, humor, poetry, etc.? Write down 3 passions.	SKILLS: What special skills and talents do you have? Can you sing? Are you funny? Are you good at drawing? Write down 3 skills.
1. _____ 2. _____ 3. _____	1. _____ 2. _____ 3. _____

COMMUNITY NEEDS: What does your community need right now (love, humor, physical activity, fun)? Write down 3 needs.	LIMITS: You will have to work within your own limits. Consider: <ul style="list-style-type: none">• What places can you get to right now?• What materials do you have right now?
1. _____ 2. _____ 3. _____	1. _____ 2. _____ 3. _____

Tuesday, May 12th

Time	Activity	Resources
8:00-9:00 am (60 mins)	Breakfast Fuel up, and get ready for a fantabulous day!	
9:00-9:30 am (30 mins)	Math Long Division Family	Watch Videos (Review): https://drive.google.com/file/d/1nKNRVdnqERg1oflB9j2WZU6DgSzUPdvH/view https://www.youtube.com/watch?v=VvQelzRQe7k Long Division Family Practice
9:30-10:00 am (30 mins)	<u>Brain Break!</u> P.E. Activity	P.E. Video: https://fitacademymn.org/covid19/PE/
10:00-10:30 am (30 mins)	Writing Opinion Writing with the Not So Wimpy Teacher!	Watch Video: https://youtu.be/1WkeTgTrLNY Day 9: Editing
10:30-10:40 am (10 mins)	<u>Brain Break!</u> Take a snack break, or do some coloring, before getting back to work	
10:40-11:00 am (20 mins)	Social Studies Together When Apart: Community Action	Day 2: Action Plan
11:00-11:15 am (15 mins)	<u>Brain Break!</u> Get Creative	Ideas: https://fit.sanfordhealth.org/-/media/fit/printables/positive-self-talk-coloring-pages/positive-self-talk-coloring-pages.pdf
11:15-1:00 pm (105 mins)	Lunch Time! Listen to the <i>Forever Ago</i> podcast for History content, or <i>Story Pirates</i> for silly stories written by kids	Forever Ago https://www.brainson.org/pages/foreverago (scroll down for Episodes) Story Pirates storypirates.com/podcast (scroll down and click "Listen Now")

	Brain Break! Technology Time	Epic! Books ReadingEggspress MathSeeds Prodigy
 1:00-2:00 pm (60 mins) 	Small Group Google Meet	https://meet.google.com 1. Click Join a Meeting 2. Type in YOUR group's join code 1:00...grade3 1:15...room111 1:30...solbrack 3. Don't have a Small Group, yet? Sign Up here! https://www.signupgenius.com/go/70a084faea82aa1ff2-distance
	Independent Reading Find a comfy spot to curl up with a good book!	
1:00-8:00 pm	Family Time Spend some quality time with your family playing games, going outside, and/or doing something you enjoy	
8:00-9:00 pm	BedTime Bath/Shower, Brush Teeth, and turn out the lights. Enjoy a good night's sleep!	

Name: _____

Long Division Family Practice

$$5 \overline{)485}$$

$$7 \overline{)532}$$

$$2 \overline{)716}$$

$$6 \overline{)528}$$

$$8 \overline{)552}$$

$$4 \overline{)696}$$

$$3 \overline{)693}$$

$$3 \overline{)309}$$

$$2 \overline{)924}$$

$$4 \overline{)604}$$

$$2 \overline{)304}$$

$$2 \overline{)982}$$

$$8 \overline{)912}$$

$$4 \overline{)420}$$

$$2 \overline{)818}$$

$$4 \overline{)776}$$

Directions:

Use your brainstorming sheet to choose your favorite idea, from each category. Use each of those ideas to develop your Action Plan.

Day 2:

Action Plan

I will use my [love for or my skill at] _____

(Circle one.)

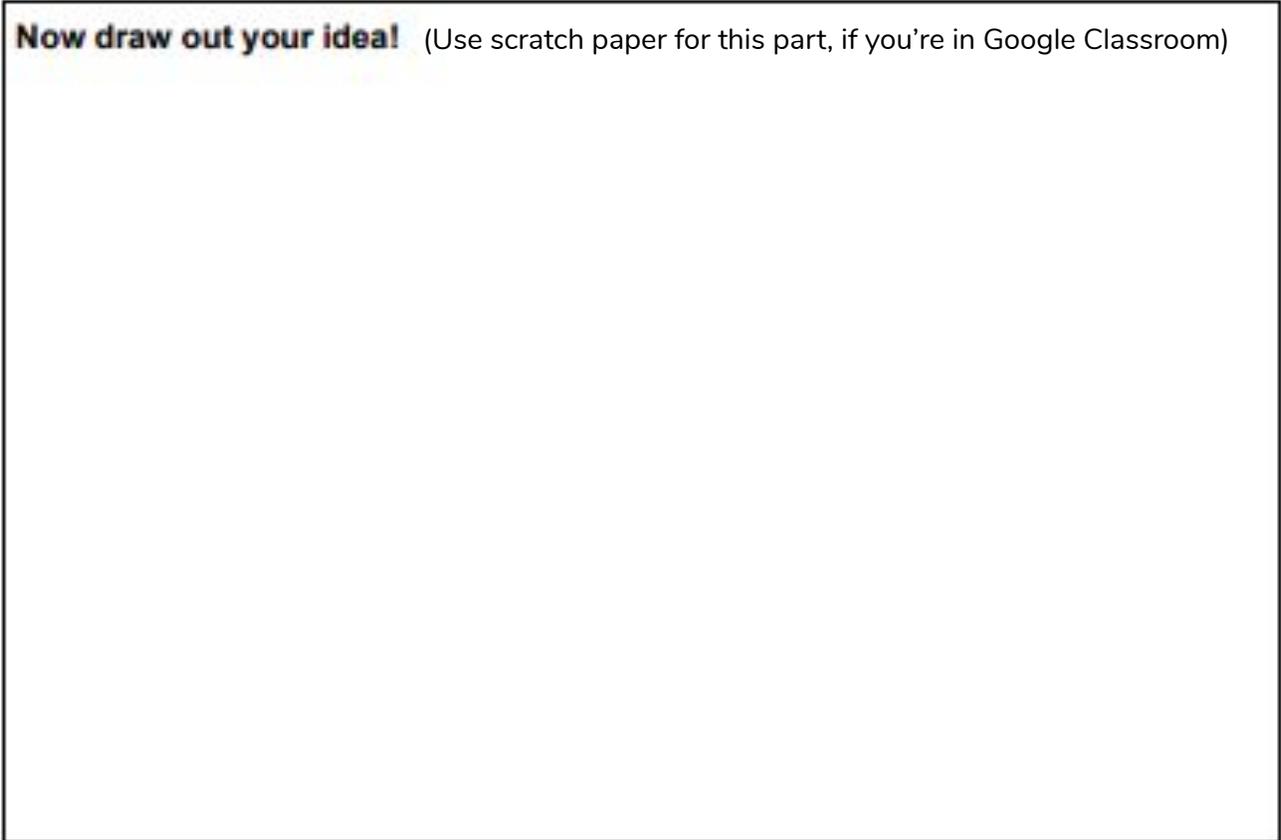
to take the uplifting action of _____

(What are you going to do? Fill in your action here.)

so I can meet my community's need for _____

(What do you think your community needs?)

Now draw out your idea! (Use scratch paper for this part, if you're in Google Classroom)



Wednesday, May 13th

Time	Activity	Resources
8:00-9:00 am (60 mins)	Breakfast Fuel up, and get ready for a fantabulous day!	
9:00-9:30 am (30 mins)	Math Long Division Practice	Watch Video (if needed): https://drive.google.com/file/d/1nKNRVdngERg1oflB9j2WZU6DgSzUPdvH/view The Sleeping Bull Riddle
9:30-10:00 am (30 mins)	<u>Brain Break!</u> Get Moving and get your heart rate up!	P.E. Video: https://fitacademymn.org/covid19/PE/
10:00-10:30 am (30 mins)	Writing Opinion Writing with the Not So Wimpy Teacher!	Continue with Day 9: Editing
10:30-10:40 am (10 mins)	<u>Brain Break!</u> Take a snack break, or do some coloring, before getting back to work	
10:40-11:00 am (20 mins)	Independent Reading Find a comfy spot to curl up with a good book!	
11:00-11:15 am (15 mins)	<u>Brain Break!</u> Take a walk, and make observations as you go. Remember to use your 5 senses!	
11:15am - 12:00pm (45 mins)	Creative Time Draw, Color, Paint, Chalk, etc.	Other Ideas: https://fit.sanfordhealth.org/-/media/fit/printables/positive-self-talk-coloring-pages/positive-self-talk-coloring-pages.pdf

<p>12:00-1:00 pm (60 mins)</p>	<p>Lunch Time! Listen to the <i>Forever Ago</i> podcast for History content, or <i>Story Pirates</i> for silly stories written by kids</p>	<p>Forever Ago https://www.brainson.org/pages/foreverago (scroll down for Episodes)</p> <p>Story Pirates storypirates.com/podcast (scroll down and click "Listen Now")</p>
<p>1:00-1:15 pm (30 mins)</p>	<p>Social Studies Together When Apart: Community Action</p>	<p>Day 3: Evaluating the Action Plan</p>
<p>1:15-1:30 pm (15 mins)</p>	<p><u>Brain Break!</u> Technology Time</p>	<p>Epic! Books ReadingEggspress MathSeeds Prodigy</p>
<p>1:30-8:00 pm</p>	<p>Family Time Spend some quality time with your family playing games, going outside, and/or doing something you enjoy</p>	
<p>8:00-9:00 pm</p>	<p>BedTime Bath/Shower, Brush Teeth, and turn out the lights. Enjoy a good night's sleep!</p>	

Name: _____

Division with 2-Digit Quotients without Remainders

The Sleeping Bull

Divide to find the quotients. Then solve the riddle by matching the letters to the blank lines at the bottom of the page.



$$\boxed{\text{L}} \quad 5 \overline{)235}$$

$$\boxed{\text{E}} \quad 7 \overline{)623}$$

$$\boxed{\text{B}} \quad 4 \overline{)148}$$

$$\boxed{\text{L}} \quad 2 \overline{)106}$$

$$\boxed{\text{R}} \quad 5 \overline{)480}$$

$$\boxed{\text{Z}} \quad 3 \overline{)219}$$

$$\boxed{\text{U}} \quad 8 \overline{)304}$$

$$\boxed{\text{A}} \quad 7 \overline{)175}$$

$$\boxed{\text{O}} \quad 9 \overline{)549}$$

$$\boxed{\text{D}} \quad 4 \overline{)220}$$

What do you call a sleeping bull?

25

37

38

47

53

55

61

73

89

96



Pencils down! This is a thinking exercise!

Look at your "Action Plan" and ask:

- Does the plan use a passion (what you love) and skill (what you're good at) to do something that brings joy to your community based on what they need?
- Does it seem possible to execute this plan within the limits?
- Does the sketch represent the proposed action?



Wait, still don't touch your work! First, complete one of these sentences on a separate piece of paper or directly on your "Action Plan":

- I will add...
- I will try...
- I will adjust...



Now, make the changes you explained above on your "Action Plan."

Thursday, May 14th

Time	Activity	Resources
8:00-9:00 am (60 mins)	Breakfast Fuel up, and get ready for a fantabulous day!	
9:00-9:30 am (30 mins)	Math Long Division Family (Meet Rover!)	Watch Video: https://drive.google.com/file/d/16MX_I7gB4UYjaNP-eUDnyt-fpByb-G1h/view Remainders Practice
9:30-10:00 am (30 mins)	<u>Brain Break!</u> Go outside, have a dance party, or do the P.E. Video	P.E. Video https://fitacademymn.org/covid19/PE/
10:00-10:30 am (30 mins)	Writing Opinion Writing with the Not So Wimpy Teacher!	Watch Video: https://youtu.be/BGBdhsCEsO4 Day 10: Publishing
10:30-10:40 am (10 mins)	<u>Brain Break!</u> Take a snack break, or do some coloring, before getting back to work	
10:40-11:00 am (20 mins)	Social Studies Together When Apart: Community Action	Day 4: Taking Action (Gather Supplies and Perform your Uplifting Action!)
11:00-11:15 am (15 mins)	<u>Brain Break!</u> Take a walk, and make observations as you go. Remember to use your 5 senses!	
11:15am - 12:00pm (45 mins)	Creative Time Draw, Color, Paint, Chalk, etc.	Other Ideas: https://fit.sanfordhealth.org/-/media/fit/printables/positive-self-talk-coloring-pages/positive-self-talk-coloring-pages.pdf

<p>12:00-1:00 pm (60 mins)</p>	<p>Lunch Time! Listen to the <i>Forever Ago</i> podcast for History content, or <i>Story Pirates</i> for silly stories written by kids</p>	<p>Forever Ago https://www.brainson.org/pages/foreverago (scroll down for Episodes)</p> <p>Story Pirates storypirates.com/podcast (scroll down and click "Listen Now")</p>
<p style="text-align: center;">↑</p>	<p>Independent Reading Find a comfy spot to curl up with a good book!</p>	
<p>1:00-2:00 pm</p> <p style="text-align: center;">↓</p>	<p><u>OR</u> Brain Break!</p>	<p>Epic! Books ReadingEggspress MathSeeds Prodigy</p>
<p style="text-align: center;">↓</p>	<p><u>OR</u> Small Group Meeting</p>	<p>https://meet.google.com</p> <ol style="list-style-type: none"> 1. Click Join a Meeting 2. Type in YOUR group's join code 1:00...grade3 1:15...room111 1:30...solbrack 3. Don't have a Small Group, yet? Sign Up here! <p>https://www.signupgenius.com/go/70a084faea82aa1ff2-distance</p>
<p>2:30-8:00 pm</p>	<p>Family Time Spend some quality time with your family playing games, going outside, and/or doing something you enjoy</p>	
<p>8:00-9:00 pm</p>	<p>BedTime Bath/Shower, Brush Teeth, and turn out the lights. Enjoy a good night's sleep!</p>	

$$7 \overline{) 649}$$

$$3 \overline{) 986}$$

Friday, May 15th

Time	Activity	Resources
8:00-9:00 am (60 mins)	Breakfast Fuel up, and get ready for a fantabulous day!	
9:00-9:30 am (30 mins)	Math Long Division with Rover	Watch Video (Review): https://drive.google.com/file/d/16MX_I7gB4UYjaNP-eUDnyt-fpByb-G1h/view Long Division with Remainders
9:30-10:00 am (30 mins)	Brain Break! Fitness Friday!	Fitness Friday Video: https://fitacademymn.org/covid19/PE/ Let's do it together! https://meet.google.com Join Code: solbrack3
10:00-10:30 am (30 mins)	Social Studies Together When Apart: Community Action	Day 5: Reflection Picture/Video Submission: https://docs.google.com/forms/d/e/1FAIpQLSf91E9rACiF-2ZoysIMABxVRuNz_iViLzERPmKjc7LfAuPJDg/viewform
10:30-10:40 am (10 mins)	Brain Break! Take a snack break, or do some coloring, before getting back to work	
10:40-11:00 am (20 mins)	Independent Reading Find a comfy spot to curl up with a good book!	
11:00-11:15 am (15 mins)	Brain Break! Get Creative	Ideas: https://fit.sanfordhealth.org/-/media/fit/printables/positive-self-talk-coloring-pages/positive-self-talk-coloring-pages.pdf
11:15-12:15 pm (60 mins)	Lunch Time! Listen to the <i>Forever Ago</i> podcast for History content, or <i>Story Pirates</i> for silly stories written by kids	Forever Ago https://www.brainson.org/pages/foreverago (scroll down for Episodes) Story Pirates storypirates.com/podcast (scroll down and click "Listen Now")

12:15-12:45 pm (30 mins)	Writing Opinion Writing with the Not So Wimpy Teacher!	Continue with Day 10: Publishing
12:45-1:00 pm (15 mins)	<u>Brain Break!</u> Technology Time	Epic! Books ReadingEggspress MathSeeds Prodigy
1:00-1:15 pm (15 mins)	Fun Friday! Google Meet	https://meet.google.com 1. Click Join a Meeting 2. Meeting Nickname is: solbrack3 **We will start promptly at 1:00pm.
1:15-8:00 pm (30 mins)	Family Time Spend some quality time with your family playing games, going outside, and/or doing something you enjoy	
8:00-9:00 pm	BedTime Bath/Shower, Brush Teeth, and turn out the lights. Enjoy a good night's sleep!	

Name: _____

Long Division w/ Remainders

$$2 \overline{)377}$$

$$2 \overline{)8,044}$$

$$3 \overline{)631}$$

$$2 \overline{)294}$$

$$4 \overline{)951}$$

$$2 \overline{)1,987}$$

$$2 \overline{)576}$$

$$7 \overline{)414}$$

$$9 \overline{)3,930}$$

1. What if everyone took action, like you did this week?

2. How do you hope your Uplifting Action makes others feel?

3. What challenges did you face? How did you overcome them?

4. Who will benefit most from your work?
